



# East Ayrshire Alcohol and Drug Partnership **Big Improvement Plan 2020 to 2024**



**Our 4 year plan to deal with alcohol  
and drug problems in East Ayrshire**



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# Alcohol and drug problems in East Ayrshire



Lots of work has been done already to help people with alcohol and drug problems.



But people are still dying or hurting themselves or other people because of drug and alcohol problems. This is very serious.



We are the East Ayrshire **Alcohol and Drug Partnership**. We are called **ADP** for short.



The **ADP** is a group of people from different drugs and alcohol services that work together to help people.





We wrote this plan because we are worried and want to help people. It tells you how we are going to do this.



Before we wrote the plan we talked to lots of people.



We asked people recovering from alcohol and drug problems what we should do.



They said we must:

- Help more people to use alcohol and drug services.
- Make it quicker to get a service.





- Make sure services are more aware of people with alcohol and drug problems.



- Do more to help families.



**Recovery** is when you have alcohol and drug problems and you are trying to stop taking drugs or drinking alcohol.



Services work together to give you the support you need to do this.



1

2

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6

We decided there were 6 things we needed to do to help people.

We have written these 6 things in our plan.

# Our Plan

## 1 Support

We have split this section into 2 parts.



### Part 1. Support for alcohol and drug users

#### What we want to happen:

People in East Ayrshire get the help and support they need to recover from alcohol and drug problems.



#### Year 1 2020 to 2021 we will:

- Look at and check how well local services are helping people now.



- Get better at helping people who take an overdose of drugs.

We will make it easier to get Naloxone to people that have taken an overdose.



Naloxone is a medicine that helps stop people from dying when they take an overdose.



- Find more housing for people who are homeless.

## Year 2 - 2021 to 2022 we will:



- Get all of our **recovery services** to work well together.

**Recovery Services** help people to give up using alcohol and drugs.



## Year 3 - 2022 to 2023 we will:

- Have 1 place to call to ask for just drug and alcohol treatment services.



## Year 4 - 2022 to 2023 we will:

- Have 1 place to contact for all our recovery services.



We call it **single point of access** when there is just 1 place to contact for all of the services.





## Part 2. Support for children and families of people with alcohol and drug problems

### What we want to happen:



Children and families of people with alcohol and drug problems will be safe and have the support they need.



### Year 1 - 2020 to 2021 we will:

- Ask young people and services that work with them what help they need.
- Find out which services are helping children and families affected by alcohol and drug use.





## Year 2 - 2021 to 2022 we will:

- Find out what training staff need to best support children and families.



- Talk to the family as well as the person with alcohol and drug problem when writing a support plan.



## Year 3 - 2022 to 2023 we will:

- Give children and families a choice of support services that will work best for them.

## Year 4 - 2023 to 2024 we will:



- Make sure children's services are working with our Recovery Services.

## 2

## Stigma



Stigma is when people think badly about you because of your problems.



### What we want to happen:

People with alcohol and drug problems are treated with respect.



### Year 1 - 2020 to 2021 we will:

- Talk to the public about alcohol and drug problems.
- Share good stories about people that have recovered from alcohol and drug problems.



## Year 2 - 2021 to 2022 we will:



- Write a plan about how we can communicate with people in the best way. This will include information about how we will treat everyone fairly.

## Year 3 - 2022 to 2023 we will:



- Talk to local groups about people with alcohol and drug problems.

## Year 4 - 2023 to 2024 we will:



- Involve people recovering from alcohol and drug problems in:
  - Making plans for their local area. Plans about how to help people with alcohol and drug problems.
  - Helping their local area to treat everyone fairly.



3

## Trying to stop people getting alcohol and drug problems



### What we want to happen:

Less people to have problems with alcohol and drugs.



### Year 1 - 2020 to 2021 we will:

- Find out what information we already give people about alcohol and drug problems.
- Help the Scottish Ambulance Service work better with people who have taken an overdose.







- Train more people working in the community about Naloxone.

And make sure that people working in the community have enough Naloxone to use.



- Employ a Staff Nurse to help homeless people keep away from alcohol and drug problems.



### Year 2 - 2021 to 2022 we will:

- Work hard in local areas to help people who have more chance of having alcohol or drug problems.



- Do things to make it harder for people to buy alcohol or drugs.

This may be looking at whether we should allow some shops to sell alcohol.

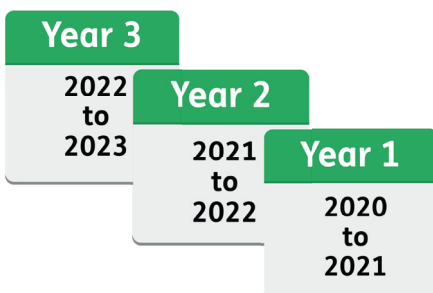


- Tell the public more about the dangers of alcohol and drugs.



### Year 3 - 2022 to 2023 we will:

- Run training in local areas where we think there is a big risk of people being addicted to alcohol or drugs.



### Year 4 - 2023 to 2024 we will:

- Check the things we have done in years 1,2 and 3 are working.

## 4

# Involving people in our work



## What we want to happen:

People with alcohol and drug problems work with us to plan and design services.



## Year 1 - 2020 to 2021 we will:

- Look at how well we involve people in our treatment services.
- Set up a group of people who have or have had alcohol and drug problems. The group will help us to check our services are working well.



## Year 2 - 2021 to 2022 we will:



- Talk to staff and people who have experience of alcohol and drug problems, about making our services better. Together we will make a plan.

## Year 3 - 2022 to 2023 we will:



- Involve people in our work to make our main treatment services better.

## Year 4 - 2023 to 2024 we will:



- Check how involving people is working.

## 5 Trauma



This is about the effect that having alcohol and drug problems has on people's mental, emotional and physical health.

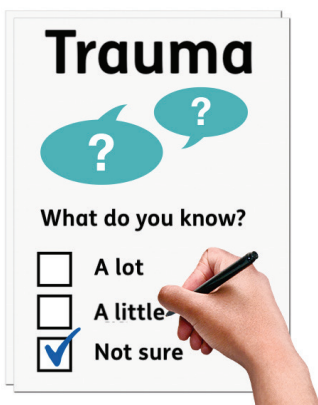


### What we want to happen:

Our services and staff understand how trauma affects people with alcohol and drug problems.

### Year 1 - 2020 to 2021 we will:

- Find out how much services know about the effect of trauma on people with alcohol and drug problems.
- Set up a group of people to do some work on trauma.



**Trauma**

What do you know?

☐ A lot

☐ A little

☒ Not sure





## Year 2 - 2021 to 2022 we will:



- Write a plan to train staff about the effects of trauma on people with alcohol and drug problems. This will help them work in a better way.



- Ask staff to test using their trauma training to help people in a small local area.

## Year 3 - 2022 to 2023 we will:



- Ask staff to use their trauma training to help people across the whole of East Ayrshire.



## Year 4 - 2023 to 2024 we will:

- Check how the trauma training is helping staff to work with people in a better way.



## What we want to happen:

We try to stop people with alcohol and drug problems breaking the law.



## Year 1 - 2020 to 2021 we will:

- Find out how alcohol and drug services for people in trouble with the law are working now.

## Year 2 - 2021 to 2022 we will:

- Talk to people with alcohol and drug problems who are in trouble with the law.

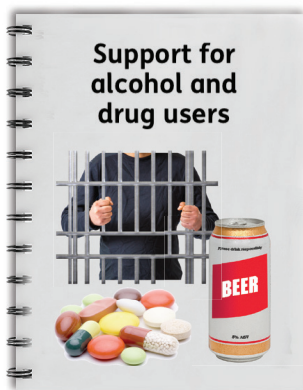


- Ask people what we can do to help them to not break the law.



### Year 3 - 2022 to 2023 we will:

- Write a plan for people about how to get support when they leave prison.



- Write a plan for services about how to stop people with alcohol and drug problems breaking the law.



### Year 4 - 2023 to 2024 we will:

- Check how our work to keep people out of trouble with the law is working.



## What we will do next

We will set up a group to check that we are doing the things in our plan.



Report on how we are doing to the Alcohol and Drug Partnership.



In 2022 we will look closely at how the plan is working.



We will do this by asking other services and people who have alcohol and drug problems what they think.



We will use this information to see if we need to make changes to the plan.

## Contact us



Email us if you:



- Want more information about our plan



- Need some help with a drug or alcohol problem



Email  
**[maps@east-ayrshire.gov.uk](mailto:maps@east-ayrshire.gov.uk)**